

Locations:



PMC MEDICAL OFFICES

Our doctors and nurse practitioners see patients at the Shady Grove Adventist Aquilino Cancer Center, White Oak Cancer Center, Maryland Oncology and Hematology-Laurel and other medical facilities.



TELEHEALTH

Our doctors and nurse practitioners offer virtual visits via HIPAA-compliant software.

For more information on locations, visit www.palliativeconsultants.org

Contact PMC

To make an appointment, call us today!

Phone: 301-527-4070

Fax: 240-235-3744

Email: pmc@palliativeconsultants.org

Mailing address:
1355 Piccard Drive, Suite 100
Rockville, MD 20850

For more information, visit:
www.palliativeconsultants.org

What is Palliative Care?



Palliative Care is specialized medical care that provides patients relief from the symptoms and stress caused by serious illness and aggressive curative treatments.



Palliative Care Goes Hand-in-Hand With Curative Treatment

Palliative care can occur at the same time as all other treatments for your illness. There is absolutely no reason to wait. In fact, some studies have shown that palliative care may extend life, reduce the need for acute care – with fewer visits to physicians and emergency departments – and reduce medical costs.^[1]

The Palliative Care Team will help you evaluate different options available, working with you and your doctor to ensure your treatment plan aligns with what is important to you.

YOUR PALLIATIVE CARE TEAM WILL:

- ✓ Provide relief from pain related to terminal diagnosis
- ✓ Assist you in making difficult medical decisions
- ✓ Coordinate care with your other doctors to develop the best plan of care
- ✓ Guide you in planning your care based on your needs, concerns, and goals

[1] Brumley, R. D., Enguidanos, S., & Cherin, D. A. (2003). Effectiveness of a home-based palliative care program for end-of-life. *Journal of palliative medicine*, 6(5), 715–724. <https://doi.org/10.1089/109662103322515220>

Your Palliative Medicine Consultants Team:



DOCTORS

The PMC doctors will work with your doctors to manage pain or other symptoms. They are certified in Palliative Care and have experience in providing expert medical care for those living with a serious illness.



NURSE PRACTITIONERS

Our nurse practitioners are certified and experienced in Palliative Care. They provide expert medical care for those living with a serious illness.



PSYCHOSOCIAL SUPPORT

When needed, we offer limited social work, spiritual care, and grief and loss support to our patients and families.



Where Are Patients Seen?

Palliative Medicine Consultants will support patients within Montgomery County and Prince George's County. Patients will be seen in a clinic setting or via telemedicine.

- ✓ Our trained team – in partnership with your doctor - provides an extra layer of guidance and support to patient and caregivers.
- ✓ Our care addresses the physical, psychosocial, and spiritual effects of living with a serious illness – such as managing difficult symptoms, stress, and the emotional discomfort that patients and families may experience.
- ✓ Our patients can focus on their goals of care and curative treatments while our team supports them every step of the way.

Our care team offers individualized treatment plans centered on improving quality of life.

How is Palliative Care Reimbursed?

PMC accepts Medicare and all major private insurances; note that a co-insurance or co-payment may be required. For other insurances, payment for services will be expected at the time of service. You will be responsible for obtaining reimbursement from your insurance company.

